



चौ० चरण सिंह विश्वविद्यालय, मेरठ

CH.CHARAN SINGH UNIVERSITY, MEERUT

दिनांक 7/9/26

Norms and Schedule for the Physical Fitness Test (PFT) for the Admission in B.P.E.S. and M.P.E.S. 2026-27

Physical Fitness Test Items and minimum qualifying standard for all the candidates of B.P.E.S. and M.P.E.S for the session 2026-27

- 1) 50 Meter Run.....8.00 sec for Men and 9.00 sec for Women.
- 2) Standing Broad Jump.....1.65 Meter for Men and 1.15 Meter for Women
- 3) 1000 Meter Run.....5.00 Min for Men and 6.00 Min for Women
- 4) सभी अभ्यर्थी शारीरिक दक्षता हेतु अपनी स्पोर्ट्स किट में आयेंगे ।
- 5) अभ्यर्थी तिथि व समय का विशेष ध्यान रखेंगे ।
- 6) गर्भवती महिलाएं व दिव्यांग शारीरिक दक्षता परीक्षण हेतु पात्र नहीं होंगे ।
- 7) सभी अभ्यर्थी डॉक्टर का फिटनेस प्रमाण पत्र साथ लायेंगे ।
- 8) सभी अभ्यर्थी अपने ऑनलाईन रजिस्ट्रेशन फार्म की प्रति साथ लायेंगे ।
- 9) सभी अभ्यर्थी अपने प्रमाण पत्र की मूल व स्वप्रमाणित छायाप्रति एवं दो पासपोर्ट साईज फोटो साथ लायेंगे ।
- 10) सभी अभ्यर्थी आधार कार्ड अथवा कोई भी पहचान पत्र मूल व स्वप्रमाणित छायाप्रति साथ लायेंगे ।

Schedule for Physical Fitness Test

S.No	Candidates	Dates	Reporting Time
1	1 MEERUT COLLEGE, MEERUT 2 GYAN BHARTI INSTITUTE OF MANAGEMENT STUDIES, JEWARI, KHIRWA ROAD, KANKAR KHERA, MEERUT	11-09-2026	8:00 -11:00 AM
2	1- N.A.S. COLLEGE, MEERUT, AIDED 2- M.S.B. EDUCATIONAL MAHAVIDYALAYA, , MEERUT.	12-09-2026	8:00 -11:00 AM
3	1- NOIDA COLLEGE OF PHYSICAL EDUCATION, , DADRI, (G.B. NAGAR)	13-09-2026	8:00 -11:00 AM
4	1- H.L.M. COLLEGE, , GHAZIABAD 2- JANHIT INSTITUTE OF EDUCATION, GHAZIABAD	14-09-2026	8:00 -11:00 AM
5	1- DEPARTMENT OF A PHYSICAL EDUCATION 2- SHRI GOPICHAND MAHAVIDYALAYA, AHERA, BAGHPAT 3- SAVITA DEVI MAHAVIDYALAYA, MEERUT 4- RUDRA INSTITUTE OF TECHNOLOGY, RUSALABAD, NANPUR, HAPUR,	15-09-2026	8:00 -11:00 AM
6	1- SHANTI NIKETAN GROUP OF INSTITUTIONAL, MEERUT 2- D.J.COLLEGE, BARAUT (BAGHPAT), 3- RUDRA INSTITUTE OF TECHNOLOGY, MEERUT, 4- JAI MAA SAVITRI GROUP OF INSTITUTIONS, HAPUR	16-09-2026	8:00 -11:00 AM
7	1- J.S.M. ACADEMY, SALARPUR, MAWANA ROAD, MEERUT 2- R. V. HIGHER EDUCATION & TECHNICAL INSTITUTE, DADRI 3- INSTITUTE FOR EDUCATION & TECHNICAL SCIENCES GHAZIABAD 4- YOGINATH DEGREE COLLEGE, , BAGHPAT, PH. 0121-	17-09-2026	8:00 -11:00 AM
8	1- R.K. COLLEGE, GARH ROAD, KITHORE, MEERUT 2- VINAYAK VIDYAPEETH MEERUT,	18-09-2026	8:00 -11:00 AM
9	All MPES Candidates and Previous Day BPES & MPES Left Over Candidates	19-09-2026	8:00 -11:00 AM

Venue- University Sports Complex

Note: Physical Fitness Test is the only qualifying test. The candidate must appear in all the three items, however he/She is required to qualify in two events out three

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