



चौ० चरण सिंह विश्वविद्यालय, मेरठ

CH.CHARAN SINGH UNIVERSITY, MEERUT

थुनांक 26.08.2025

Norms and Schedule for the Physical Fitness Test (PFT) for the Admission in B.P.E.S. & M.P.E.S. 2025-26

Physical Fitness Test Items and minimum qualifying standard for all the candidates of B.P.E.S. & M.P.E.S. for the session 2025-26

- 1) 50 Meter Run.....8.00 sec for Men and 9.00 sec for Women.
- 2) Standing Broad Jump.....1.65 Meter for Men and 1.15 Meter for Women
- 3) 1000 Meter Run.....5.00 Min for Men and 6.00 Min for Women
- 4) सभी अभ्यर्थी शारीरिक दक्षता हेतु अपनी स्पोर्ट्स किट में आयेंगे ।
- 5) अभ्यर्थी तिथि व समय का विशेष ध्यान रखेंगे ।
- 6) गर्भवती महिलाएं व दिव्यांग शारीरिक दक्षता परीक्षण हेतु पात्र नहीं होंगे ।
- 7) सभी अभ्यर्थी डॉक्टर का फिटनेस प्रमाण पत्र साथ लायेंगे ।
- 8) सभी अभ्यर्थी अपने ऑनलाईन रजिस्ट्रेशन फार्म की प्रति साथ लायेंगे ।
- 9) सभी अभ्यर्थी अपने प्रमाण पत्र की मूल व स्वप्रमाणित छायाप्रति एवं दो पासपोर्ट साईज फोटो साथ लायेंगे ।
- 10) सभी अभ्यर्थी आधार कार्ड अथवा कोई भी पहचान पत्र मूल व स्वप्रमाणित छायाप्रति साथ लायेंगे ।

Schedule for Physical Fitness Test

S.No	Candidates	Dates	Reporting Time
1	Physical Fitness Test For all B.P.E.S. candidates names alphabet from A—to---B	02-09-2025	8:00 AM
2	Physical Fitness Test For all B.P.E.S. candidates names alphabet from C—to---J + Previous day leftover candidates	03-09-2025	8:00 AM
3	Physical Fitness Test For all B.P.E.S. candidates names alphabet from K—to---N + Previous day leftover candidates	04-09-2025	8:00 AM
4	Physical Fitness Test For all B.P.E.S. candidates names alphabet from O—to---R + Previous day leftover candidates	05-09-2025	8:00 AM
5	Physical Fitness Test For all B.P.E.S. candidates names alphabet from S—to---U + Previous day leftover candidates	06-09-2025	8:00 AM
6	Physical Fitness Test For all B.P.E.S. candidates names alphabet from V—to---Z + Previous day leftover candidates	07-09-2025	8:00 AM
7	Physical Fitness Test For all candidates of M.P.E.S. Previous day B.P.E.S. leftover candidates	08-09-2025	8:00 AM

Venue- University Sports Complex

Note: Physical Fitness Test is the only qualifying test. The candidate must appear in all the three items, however he/She is required to qualify in two events out three


(संकायाध्यक्ष शिक्षा)


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(प्रवेश समन्वयक)